

Cobscook Currents

Spring 2022





Contents

Our New Team Members pg. 5

Welcoming new staff and board members.

What Makes Us Wealthy? pg. 6

Looking at a fundraising campaign to highlight social initiatives.

Our Gratitude List pg. 7

The incredible people who support Cobscook Institute.

Singing the Song of Trust pg. 8

A lodge retreat fortifying the process of decolonization.

Empowered Creativity pg. 10

Cobscook Experiential Program's multi-tiered pursuit of the arts.

Cobscook Currents
Volume 18 Issue 1

Copyright 2022 Cobscook Institute.
Formerly Cobscook Community Learning Center.
Back artwork by Sue Riddle.

Realizing

Greetings to our broad circle of friends, neighbors, and partners:

We write this note to you on the first full day of spring, as we delight in the sounds of spring and the vernal symphony they create. As a Down East Spring Birding Festival committee member just shared, “I’m just in from a walk, where I heard birds singing their territorial song.” We are so grateful for this beautiful place we call home and for the dynamism of the changing seasons here.

The theme of this Currents is “Realizing.” After “wintering” we are establishing new programs, cultivating new and old partnerships, and reinvigorating our campus as a community center that is welcoming, accessible, and feeds the mind, body, and spirit.

When Somedays Become Today's

As a teaching and learning center, an innovation hub, and a retreat and gathering place for people from near and far we, together with you, cultivate self and community realization. You will see in this issue the realization of expanded leadership. We have hired three new staff members and brought on four new board members. Heartwood Lodge continues as a cocoon for self-actualization and the realization of new projects that emerge when in relationship with other organizations, such as the Zillman Art Museum and Rene Goddess Johnson of Embodied Equity, Inc.

This growth and cultivation exists within a set of 2022 organizational goals that ground us in realizing our mission and values within a long-term sustainable organization: increasing the access and impact of our programs, deepening shared and distributed leadership through governance, increasing capacity and efficacy, fostering diversity, equity, and inclusion both internally externally, and maintaining and strengthening financial viability.

Thank you for your part in making Cobscook a place where hopes and dreams are realized, where our wishes for “someday” become our today.



Kara McCrimmon
Co-Director



Daphne Loring
Co-Director

We Are Hiring! Co-Director/Development Director

This individual will work as part of a team in an environment of collaboration and shared leadership. The Development Director is responsible for overseeing and ensuring a strategic, dynamic, and effective development function within Cobscook Institute. This person will also act as Co-Director for the entire organization, three Co-Directors share responsibility for the successful management, leadership, direction and guidance of Cobscook Institute.

To learn more about this position please visit cobscookinstitute.org/jobs



Cobscook Experiential Program seeks young people who...

- Want to learn in a small group environment
- Are looking for opportunities to succeed as a learner
- Are interested in learning more about the community
- Enjoy working with their fellow students on projects
- Are interested in traveling
- Want to do something positive in their community

We are currently accepting applications for our 2022/23 School Year! Cobscook Experiential Program is a high school option available in partnership with Calais High School. and is available to all students from Washington County & Peskotomuhkatik. Our fleet of vans coordinates with Washington Academy's bus system to support transporting students to our campus.

Applications may be found on our website: cobscookinstitute.org/experiential

Our Team

Staff

Jan Brown

Finance Manager

Michelle Cousineau

Executive Associate and

Programs Associate

Ryan Cross

Grounds and Maintenance

Associate

Daphne Loring

Director Partnerships &

Innovation and Cobscook

Institute Co-Director

Bonnie Lyons

Facilities Manager, Custodial

Coordinator & Guest Relations

Associate

Kara McCrimmon

Director, Cobscook Experiential

Programs and Cobscook

Institute Co-Director

Maria McMorrow

Teacher, Cobscook Experiential

Programs

Dylan Pardue

IT Manager and

Communications Coordinator

Melissa Rodrick

Custodian

Anne Shields Hopkins

Program Coordinator

Damon Weston

Teacher, Cobscook Experiential

Programs; Human Relations

Steward

Board

Sanna McKim

Co-Chair

Frank Trocco

Co-Chair

Brian Altvater

Ron Beckwith

Leslie Bowman

Stephanie Francis Soctomah

Alan Furth

Mark Hoffman

Colby Soctomah Lewey

Kevin Thompson

Development

Suzanne Bowles

Alan Furth

Jennifer Kane

Our New Team Members!



Leslie Bowman
Board Member
she/her/hers

Leslie first came to Cobscook Institute to attend workshops and meetings at the facility and has also documented with photographs several projects including the high school program. Since the mid 1990's she has been an adjunct professor at University of Maine at Machias. Leslie has an ongoing interest in alternative energy and community development.



Colby Soctomah Lewey
Board Member
he/him/his

Colby was introduced to Cobscook Institute by his Uncle, Jimmy Soctomah and took a pottery class in 2004 with family members. Colby is completing a Masters in Counselor Education program with an area of expertise in Family Systems. Colby intends on engaging in clinical practice which focuses on expressive arts to foster a deeper connection within and outside of one's self.



Stephanie Francis Soctomah
Board Member
she/her/hers

Stephanie is an Art Instructor and Ed Tech at Motahkomiqewi Skulhawossol (Indian Township School), looks forward to contributing and learning about the alternative learning environment that is offered through Cobscook Experiential Programs. She graduated from the University of Maine in Machias and worked on Passamaquoddy historic preservation projects. Stephanie and her family enjoy hiking and photography on the weekends.



Brian Altvater Sr.
Board Member
he/him/his

Brian is inspired by Cobscook Institute's unique way of teaching. He served as Director of the Pleasant Point Health Center and is currently a community organizer for Maine Wabanaki Reach. He is President of the Passamaquoddy Blueberry Company, Co-Founder, and chair of the Schoodic River-keepers and serves on the advisory board for the Maine Commissioner of Corrections.



Anne Shields Hopkins
Programs Coordinator
they/them/theirs

Anne/Annie lives along Kapskuk with their husband and 3 young children. They will be realizing our visions for programming at Cobscook Center in their new role as Programs Coordinator. Annie enjoys eating with the seasons, laughing, creating art and relaxing deeply. They believe in community healing through ancestral truth telling and deep reckoning.



Maria McMorrow
Teacher, Cobscook
Experiential Programs
she/her/hers

Maria became acquainted with Cobscook Institute when she first moved to Washington County in 2012. Over the past decade she has been a regular in the kitchen at Pizza Night and co-leading field trips for Cobscook Experiential Program. When she isn't leading camping trips, Maria can be found playing on the water for fun! She also loves fixing and creating things, especially with yarn and fabric.



Melissa Rodrick
Custodian
she/her/hers

Melissa currently lives in Perry, where she grew up after migrating from Canada at the age of 2. She is excited by the culture and the social awareness that Cobscook Institute brings to the area. Melissa attended University of Maine and is the founder of the Detainee Advocacy Project, focused on assisting immigrants in custody/detention in advocating for themselves.

What Makes Us Wealthy?

In March 2022 we participated in the Machias Savings Bank YES! Grants competition; a bold online campaign to highlight social initiatives around the region, resulting in \$25,000 in donations. People were able to vote daily for their organization of choice.

Your passionate response led to a \$5,000 grant which we will use to bring to life the “Somedays” that we have been dreaming up since last November. We are inspired, fired up, and looking forward to more in person interaction as the heat rises.

Watching our community rally was like witnessing an amped up version of what makes us alive with gratitude the whole year round. To us, wealth is not only about money - the resources to drive this mission come from motivation, kindness, moral support, creativity, and connection.

These values, when embodied, become catalysts for a special kind of abundance that makes richness for all of us. Here, in the community, we have everything we need together. Thank you for bringing your part.

From the deep heart's core.

Thank you to our 2021 donors

Susan Abt
Steve Albright
Allen Equine Associates
Amazon Smile
Nancy Asante
Bill and Kathy Attick
Mehnaz Aziz
Jim and Jeanne Backhaus
Stephanie Bailey and Family
Bar Harbor Bank and Trust
Louise Barteau
Lydia and Tim Beal
Susanne Bear
Ron Beard
Mark and Kathleen Beaudouin
Annie Beckham
Constance Beckwith
Ron Beckwith
Nancy Begley
Skip and Michaela Beitzel
Bob Belenky
Jane and Bob Bell
Ben's Dive Shack
Nancy and Warren Berkowitz
Betty and Norman Kranzdorf
Viv and Greg Blatt
Victoria Bourne and Standish Bourne III
Suzanne Bowles
Leslie Bowman
Margaret Boyle
Gary Bridgham
Ed and Betty-Jo Brine
Alan Brooks
Colin and Laura Brown
Jan Brown
Joseph Van Eaton and Patricia Brown
Lynn Brown and Russell Warne
Bruce Stahnke and Eryllyne Kitigawa
Florence Brunner
Pamela Bruno
Cheryl Brush
Kathie and Jack Burnett
Sue Bushman
Anne Butter
Carol Carew
Brian and Sue Carroll Duffy
Marcia and Rob Chaffee
Erin Chalmers and
Julia Drees
Donald Charters
Christ Episcopal Church, New to You Thrift Store
Jill Christianson
Cobscook Shores, Inc.
Catherine Cochrane
Charles Coe
Judith Beth Cohen and Mark Schneider
Michelle Cousineau and Bob Spencer
Jennifer Craig
Suzanne Crawford
Charlotte Cushman
Jennifer Plaut and LeRoy Danielson
Davis Conservation Foundation
Davis Family Foundation
William and Catherine Daye
Carly DeSignore and Aaron Bell
Maurice DeMille
Susan and Andrew Dewey
mark dickerson
Danielle DiMartino Booth
Maxene Doty
David and Carol Dowley
Eastern Maine Conservation Initiative
Ecological Aquaculture Foundation, LLC, Barry Costa Pierce
Elmina B. Sewall Foundation
Gabriela Eyerman
First National Bank
Kathleen Fitzgerald
Karen Flagg
Fleck Family Gift Fund
Martha Floyd
Harold Fogelson
Margery Forbes
George and Pat Fowler
Cyril and Dute Francis
Erin Frazier
Joanna Frescoln
Pat Fry and Gary Howard
Bill and Heungboc Fulton
Elizabeth Fulton
Alan Furth and Katie MacGregor
Alex Furth and Josh
Rosenberg
Eileen Furth
Judy Futch and Paul Smith
Sarah and Jeremy Gabrielson
Gary Gagner
Diane and Lloyd Getchell
Cate and Dick Gilbane
Geoff and Abby Gilchrist
Donald and Susan Gipe
Pat Godin
Good Shepherd Food Bank of Maine
Leslie and Prentiss Gray
Deborah Green
Ginny Green and Larry Lutz
Charles and Elizabeth Greenland
Peter Grua and Mary O'Connell
Jeanne and Gary Guisinger
Petra Hall and Rhonda Feiman
Diana and Robert Harding
Hans Holznagel and Kathryn Harlow
Lois Harold
Harris Point Cabins and Motel
Thomas and Emily Haslett
Sam and Jan Hayward
John Heald
Healthy Acadia Partnerships for Success
Helen and George Ladd Charitable Corporation
Mark Hoffman
Holly Garner-Jackson
Christine Holton
Anne and Rafi Hopkins of Hopkins 5!
Dick Hoyt and Jean Bookman
Gabe Hrynick
Sepp Huber and Sheila Unvala
Paul Francis and Titia Hulst
Nancy Hume and Jim Merlihan
Nick and Joan Hurd
Duane Ingalls

you make everything we do possible!

J. M. Huber Corporation
James and Kathleen Sparaga
Donna and Rickey Jamieson
Kate and Tony Jans
John Sage Foundation
Jeff and Gretchen Johnson
Bill and Judith Jones
Gwendolyn Jones
Jennifer Kane and Bernie Trilling
Molly Kealy
Kendall Farm Cottages & Event Barn
Georgie Kendall, Realtor, Realty of Maine
Jim Perkins and Theresa Kerchner
Pat Wyeth and Jim Kesel
Alvion Kimball
Mary Herman and Angus King
Stephen and Becky King
Peter & Carol Kim
Peter Kim
Elinor Klivans
Anne and Tim Knight
Shannon Knight
Pam Koenig
Elizabeth Koopman
Kara Kralik
Doug and Alice Kraus
Steve and Stephanie Lavigne
Valerie Lawson and Michael Brown
Megan LeBoutillier
Melissa Lee and Eric Lookabaugh
Joe Lelyveld
Mary Lemmon Fund, SVCF
Eben Lenfest
Rich and Darcy Lettieri
Newell Lewey and Jamie Bissonette Lewey
M C Lewis
Spencer Lewis
Jill Linzee
Lisa Llorente
Maureen Lord
John Lorence

Daphne Loring and Iggy Brimmer
Peter and Babette Loring
Duane and Carol Lowenstein
Ann Luginbuhl
Priscilla Lynch
Lyons IGA
Arnie Macdonald and Liza Moore
John and Sue MacGregor
Paul and Barb MacGregor
Machias Dental, P.A.
Maine Arts Commission
Maine Blackfly Breeders Association
Maine Community Foundation
Maine Community Foundation
Belvedere Fund
Cynthia Major
Pat Mallar
Patrick and Kristine Maloney
Margaret E. Burnham Charitable Trust
Joanne Marian
Robin Mason
Viselli Masonry
Jane Furth & August Matzdorf
Sally Mayer
Michael McCabe
Kara McCrimmon and Penny Guisinger
Susan and Mike McCrimmon
Jill and Ed McGrath
Kim McKeage
Lars McKim
Marianna McKim
Sanna McKim and Alan Gibson
Meadow Fund of SVCF
Amy Meller
George and Rose Mellors
Lyn Mikel Brown and Mark Tappan
Dale Miller
Howard Seth Miller
Leslie Miller
Renee and Leonard Minsky
Ken and Nancy Mirman
Elizabeth and Richard

Mistler
Molly Mithoefer
Asher Molyneaux
Moon Hill Farm
Lexie Morrill
William and Beth Morrill
Cindy and Joe Morrison
Morton-Kelly Charitable Trust
Alex Naar
Network For Good
John Newell and Linda Courtney
Northern Maine Development Commission, Inc.
Stephen and Cynthia O'Brien
Mary Kate O'Neill
Onion Foundation
Dayle Owen
Jane and Glenn Page
Ken and Stephanie Page
Kris and Ally Paprocki
Dylan Pardue
Audrey Patterson
Logan Perkins
The Perloff Foundation
Pam Person
Peter and Debby
Gail and Wayne Peters
Fred Pierce
Suzanne Plaut
Judith Podell
Janice Poehlman
Frances Pollitt
Joann Portalupi and Ralph Fletcher
Katie Porter
Calais Press
Jesse and Laura Pyles
Andy Radin
David Ray and Kay Loftus-Ray
Howard Reed and Judith Ashley
Ala and Bill Reid
Gerald Reis
Dana and Roger Reitman
Lew and Bunny Richards
Howard Rolls
Ruth Rohde and Sigmund Roos
Ann and Nate Rosebrooks

Greg and Caroline Sample
Fred Morrison and Laurie Sanders
Sallie and Bill Satterthwaite
Nickey Dubey
Lisa Dellwo and William Schlesinger
Alan Schroepfer and Susan Smith
Julia Schulz
Brian and Alice Schuth
Kristine Schwartz
Deborah Seavey
Annie Seegmiller and James McGrath
Dwight and Melinda Seegmiller
Lindsay Seward
Mary Dunn and Stuart Shotwell
Ann Skriletz
Alison Smith
Michael and Suzanne Smith
Madonna Soctomah
James and Ruby Sosa
David and Ruth Sousa
Jack and Denise Spaulding
Eleanor Spiegel
Don and Sherrie Sprangers
Joe Stacey
Richard and Janice Stanhope
Andrew Staroscik and Kerri Warren
Glenn and Sally Stephenson
Stone Family Foundation Of New Jersey
Stryemonde Foundation
Paul Sullivan and Jill Knowles
Ransom and Barbara Taggart
Elizabeth and Isabel Tappan-Defrees
The Boston Foundation, Anonymous
Margaret and William Thickstun

Ben Thompson and Tatiana Green
Lisa and Kevin

Thompson
Frank Trocco
Karma-Ratna Trust
Hans and Rosemary Underdahl
United Way of Eastern Maine
Geri Valentine
Ross Varin
John and Terry Viselli
Lisa and Jeff Wahlstrom
Pat Warner Geer Morton
Katherine Warren
Val Watson
Diane Weinstein
Damon Weston and Molly McDonald
Heron and Lindy Weston
Janet and Paul Weston
Christopher Whalen
Margaret Whalen
William Whitacre
Jean and Jerry White
Deirdre Whitehead
Debbie and David Wilder
Samantha Williams and Kyle Winslow
Betsy Brown and Herb Wilson
Danielle Woerner
Elisabeth Wolfe
Mark and Arlene Wren
Tess Wright and Joyce Kilmer
Marjorie and Scott Withers
Sharon Yates
Pam Ziolkowski and Philip Akins
Kirstin Hotelling Zona

Every gift to Cobscook Institute is essential and much appreciated. We have carefully reviewed this list to include everyone who supported our work in 2021.

If your name has been omitted in error, please let us know.



Singing The Song of Trust

A Heartwood Lodge Retreat Fortifying the Personal Process Towards Decolonization

Even before the foundation was poured or the first wall went up, Heartwood Lodge was imagined as a sanctuary, a physical space to inspire, support, and sustain inquiry and engagement. The Lodge has hosted both large groups engaged in shared learning as well as individuals engaged in independent retreat and residency. The Lodge best meets its mission when it creates space for cross-pollination between those seeking retreat and our campus learning community. As an example, last December Cobscook Institute welcomed René Goddess Johnson, founder of Embodied Equity, LLC, for a month-long retreat.

While immersed in her own deep retreat, René shared her work with our school community by offering an interactive workshop with students in the Cobscook Experiential Program.

Using healing arts, René brings her experiences of being born under the South African system of apartheid and as a Black Queer woman in Maine to her present-day work towards systemic and transformative change in

social and racial injustice. Weaving pieces from her one-woman show with open space for students to reflect on racial and economic injustices, René created a dynamic space for students to enter a conversation about inequality, racism, trauma, and healing. Daisyjo Jones, a junior, reflected, “René created an open and sharing space with lots of options for us students. She’s had lots of struggles in her life and shared those stories, but she doesn’t let the past weigh her down. She uses her stories to build people up.” Zack Bladen, sophomore, shared, “I really liked René’s energy. I think it’s amazing how she uses her personal story as a foundation for the workshop she led. She’s truly inspiring. I hope she comes back.”

The power of retreat can be at once deeply restorative and transformative. René shared her experience of her time at Cobscook and finding healing space, within her context of living within a world of systemic racism, violence, and colonization. To understand the healing value of retreat, we have to also understand the context of surviving within this world. This story reveals





the intersection of personal, community, and global well-being. In an interview with program coordinator Anne Hopkins, we gleaned the following about René's experience.

René described her residency/retreat in Heartwood Lodge as "an impeccably timed" chance to seek stillness, and focus on listening deeply to the vulnerability of art making in the wilds of Peskotomuhkatik, Passamaquoddy territory.

As someone who is indigenous to South Africa, having grown up in the dual reality of her indigenous culture, colonization, and apartheid, and also in Maine, as a Black Queer woman, on stolen Wabanaki land, René is acutely aware of the legacy of colonization and sees the work of Embodied Equity as the work of decolonization. Colonization, slavery, and white supremacy have created a world where Black and Indigenous women face disproportionate violence. René and others describe living with this threat as white terrorism: an effect of the white supremacy culture we all live in, resulting in People of Color not being safe existing in the world. This language and framing is intense and that intensity helps make visible how a culture that is built on a violent past and extractive practices, perpetuates harm – often not visible to portions of society. In using this language, we can recognize that this reality is not inherent, but created and therefore it can be deconstructed. In fact, it liberates each of us to imagine we have a role in transformation and healing.

We aspired to create a safe space for René in a world where it is not a given. She shared that being in a rural space, within the cocoon of Heartwood Lodge and the Cobscook campus, was healing and allowed for a body that has been assimilated to white terrorism to open



towards awareness and a peaceful experience of personal choice. The refuge allowed for a spiritual opening to hear her authentic thoughts and feelings away from the conditioning of colonialism and to find clarity.

A significant component of René's work with Embodied Equity is in facilitating processes and practices that support people in shedding the legacy of colonization and white supremacy culture by getting out of their heads and into their bodies and hearts. René's work recognizes that ultimately we all need to enact self care to be well and honest within ourselves in order to enact change.

René's residency was an opportunity for her to research and apply skills for self care, a practical and careful approach to expanding the toolbox of nurturing and accessing deep self knowledge. The safety of Heartwood Lodge created space for René's listening prowess to strengthen. The deep quiet resulted in an opening to spirit strength. Reflecting on her retreat, René said, "Going up there was just coming to 'the clarity.' I was like, 'I need the clarity of what's happening to me, because it has to be simpler than what I'm seeing. It just has to be, I know it is.'" This is a theme for her work in this world, to expand beyond the conditioning of supremacy, and develop the tools and practices to access self knowledge and to cultivate healing of our spirits, bodies, and minds. The practice of deep listening rejuvenated and refreshed René's creative practice, providing Abenaki Land, where she lives, with the most honest version of herself, essential to being in relationship with the land and her path of working towards decolonization.

To engage with Embodied Equity visit: embodiedequity.online

Differentiated learning offers students opportunities to learn in ways that meet their interests and learning styles.

This winter, students were able to pick from a variety of creative practices to empower their artistic voice. They were able to focus on Pottery, Drawing and/or Music. Each artistic pursuit offered art pathways this winter. Multiple pathways, and multiple ways to demonstrate engagement and skill-building. This allows our students to enter learning where they're at, engage in creative practices that are meaningful to them, and celebrate their growth together!

Empowered Creativity

a Collaboration with Zillman Art Museum

By Kara McCrimmon

Last October, Cobscook Experiential Program (CEP) traveled through the lower Penobscot River Watershed, from Orono to Belfast, for a learning expedition on regional history and culture through the lens of the river. As part of that learning journey our students visited Linda G. and Donald N. Zillman Art Museum University of Maine (ZAM) and enjoyed a tour with executive director and curator George Kinghorn.

That visit was the catalyst for what's now a year-long project with ZAM; Amber Roth, Assistant Professor of Forest Wildlife Management at University of Maine; and Cobscook Experiential Program.

"I was interested in learning more about you because I loved the kinds of questions you asked when you visited," said George on a March 16th visit to Cobscook. "And then I heard about your model of education from your teachers, and when an opportunity came up in the university to work with a community partner, I knew exactly who I wanted to work with – you!"

During the spring semester, students are working to curate an exhibit on the work of Walter Rich, a renowned Maine artist known for his marine and bird illustrations. ZAM has a selection of those works on loan, and CEP

students are writing the captions that will accompany each work in the exhibit. That exhibit opens to the public on May 20th and will be on display in Bangor through August. "This project is profoundly exciting to me as an interdisciplinary educator," says CEP director Kara McCrimmon. "Students will be writing short pieces that will be on display in public describing an artwork featuring a native Maine bird. This is a language arts, art, and biology project all rolled into one!"

In addition, students worked with museum educator and artist Rochelle Lawrence to create their own relief prints of Maine birds. Students researched Maine birds, picked one to illustrate, carved their images on linoleum blocks, and printed images over the course of a two-day workshop. "This project had several steps, which gave me an opportunity to focus on the details. It was a drawing project, and it was also a carving process. And unlike drawing or carving, this wasn't a one and done project. With printmaking we could make more than one piece, and each time we could look deeply and think about the details. It really helped me think about the story of the piece, which I really liked," described senior Emrys McDonald.

The community will be invited to view student prints, which will be on display in the Commons lobby from mid-April through May.



“The carving process was really satisfying,” says junior Owen Leavitt. “I’m really happy about how my loon turned out.”



10 Commissary Point Rd.
Trescott, ME 04652 USA



Creating responsive educational opportunities that
strengthen personal, community, and global well-being.

INTERGENERATIONAL

Garden Potlucks
Fridays 10-1 pm - Starting in July
Crafting at Cobscook
August 17th - 20th

FESTIVALS

Down East Spring Birding Festival
May 27th, 28th and 29th
Summer Birding Festival
August 13th and 14th
Apple & Arts Day
Saturday in October, Date TBA

POTTERY

May-June Courses
Intensive: June 11th & 12th
July-August Courses
September-October Courses

YOGA

Mindful Flow
Slow Flow
Masterclass

PROJECT ROOM

Open Art Studio
Tuesdays & Fridays in June
Drawing the Figure
Tuesdays 3 - 5 pm in June

cobscookinstitute.org
for registration information.

TWEENS & TEENS

Art Club
Thursdays at 2:30 through May 19th
Outdoor Skills Camp
July 11th - 15th
Art Camp
July 18th - 22nd
Downtown Teen Leadership Camp
July 25th - 29th
River Camp
July 29th - August 12th